

Life Adventure Center is a member in good standing with Child Welfare League of America, Association of Experiential Education, the Association of Challenge Course Technology, Equine Assisted Growth and Learning Association, and the National American Riding for the Handicap Association. Life Adventure Center is accredited by the American Camp Association.



Life Adventure Center of the Bluegrass
 570 Milner Road
 Versailles, Kentucky 40383
 859-873-3271



Life Adventure Center
 OF THE BLUEGRASS
 ENGAGE, EDUCATE, EMPOWER

570 Milner Road • Versailles, KY 40383



You can learn more about a person in one hour of play, than in a day of conversation.

—Plato



www.lifeadventurecenter.org



Life Adventure Center

is a unique experience of discovery and development where lifelong lessons are learned. Through purposeful play, using a combination of physical and mental problem-solving exercises, participants engage in opportunities to make positive choices, gain self-confidence, improve decision making, build on group strengths, and much, much more. Trained professionals customize a flexible program which allows you to craft an experience to suit your needs, whether it is half-day, full-day, or weekly program for all ages and physical abilities. *Our program meets the Kentucky Education Reform Act goals #3 through #5.* We can come to you via our mobile unit or you can enjoy time at our 629-acre farm in Versailles, Kentucky.



Life Adventure Center of the Bluegrass teaches four main social skills: **Respect, Communication, Teamwork, and Responsibility.** Civic groups, mentoring programs, athletic teams, church groups, teen boards, special needs groups, educators, and corporate work groups have all experienced the power of purposeful play. Our customized programs are designed to meet every level of physical ability on your team.

This program has been great for the kids; they are excited and look forward to the weekly challenges that they receive. I've seen children change right before my eyes and we can't wait for next school year."

"I learned in LAC to be respectful, have fun, be safe, and listen and follow directions."

"At Crawford I learned that teamwork makes your job faster and easier."

"I learned that when you are on a team, teamwork is the answer. Also, listening, following directions and paying attention and participating is also the key to good success."

Equine Assisted Programs

Horses help guide the way to teach and enhance life skills, promote positive character traits, gain insight into behaviors, and increase confidence and academic achievement.

EQUINE ASSISTED LEARNING (EAL):

Participants are encouraged to achieve a variety of tasks with our horse partners. We design activities to meet the needs of your group's learning style and nurture their continued progression toward meeting their group goals.

EQUINE ASSISTED THERAPY (EAT):

A licensed therapist and a horse specialist guides participants in an effective therapeutic alternative to traditional therapy through activities with horses that help gain insight into critical behaviors and relationships.

ACADEMIC PROGRAMS

Academic curriculum is provided to students in home school or as an addition to traditional school curriculum. Character education, vocational skills training and riding lessons are included in the ten-week program.

EQUINE SEMINAR SERIES

In our Equine Seminar Series, students have the opportunity to learn about non-traditional careers in the equine industry directly from professionals in those fields.

Challenge Course

Take your group on a learning journey through our low and high elements at our 629 acre farm in Versailles. Personal goals and team dynamics are the focus, including problem-solving, teamwork, decision making, communication, and overcoming fears. Our team of professionals will design activities especially suited to the needs, abilities, and learning style of your group.

Mobile Unit

Our customized program of purposeful play can come to you. Portable challenge course elements are group-oriented and are located on or near ground level. We can also bring Equine Assisted Learning to your group; our miniature horses can go almost anywhere with their special sneakers. Participants will have fun while working together and developing a sense of team, leadership, and communication.

Our Staff and Horse Partners

We have a unique and dynamic team of experienced professionals from around the country excited to work with today's youth and organizations. Our staff share a commitment to excellence and a strong desire to serve others with backgrounds in education, social work, communication, and recreation. Our horses have experience working with all kinds of groups both on and off site. Like our staff, our horses are committed to providing a safe and unique learning adventure.



Life Adventure Center of the Bluegrass receives on-going support from the John Cleveland Foundation, United Way of the Bluegrass, community grants, and public donations.

This allows us to offer our programs at a reasonable cost. A Life Adventure Center facilitator will work within your budget to create a customized learning experience. Call today to get started.

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